

# Wicketkeeping Error Review Notebook - Build a Reliable Baseline

Wicketkeeping | Build a Reliable Baseline | Asset ID CRIC-16-07-01

**Purpose:** This original printable error review notebook helps players, coaches, clubs, schools and families work with wicketkeeping while pursuing one defined outcome: understand the current skill before changing technique. Its method is to identify the trigger, isolate one cause and retry with one adjustment. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to combine safe stance, clean gathering and footwork for differing lines and lengths. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area     | Current evidence                | Next check |
|---|------------------|---------------------------------|------------|
| 1 | Starting Depth   | Known / estimated / not checked | _____      |
| 2 | Ready Position   | Known / estimated / not checked | _____      |
| 3 | Head And Hands   | Known / estimated / not checked | _____      |
| 4 | Lateral Movement | Known / estimated / not checked | _____      |
| 5 | Take Quality     | Known / estimated / not checked | _____      |
| 6 | Return Throw     | Known / estimated / not checked | _____      |

## Foundation Starting Brief

- Survey: Which evidence separates head and hands from lateral movement in this case? Survey the present state before setting a target.
- Select: How does take quality change the interpretation of return throw? Select the smallest useful starting point.
- Bound: What boundary on starting depth must be checked before relying on ready position? Bound the work by time, scope and available support.
- Prepare: Which observation links lateral movement to starting depth, and what remains uncertain? Prepare the materials, conditions and owner.
- Begin: What alternative explanation could account for both return throw and head and hands? Begin with one observable action.
- Edition success means: record several comparable attempts and a clear starting measure

## Error Review Notebook

This format is designed to turn a repeated miss into a testable next practice. For wicketkeeping, apply the method in a deliberate sequence: identify the trigger, isolate one cause and retry with one adjustment. The edition target is build a reliable baseline, so each entry should show what was noticed, what was tried and what changed.

| Working step            | What to record                                                                          | Evidence or source      | Status         |
|-------------------------|-----------------------------------------------------------------------------------------|-------------------------|----------------|
| Survey Head And Hands   | Which evidence separates head and hands from lateral movement in this case?             | Starting view / date    | Open / checked |
| Select Lateral Movement | How does take quality change the interpretation of return throw?                        | First priority / date   | Open / checked |
| Bound Take Quality      | What boundary on starting depth must be checked before relying on ready position?       | Boundary / date         | Open / checked |
| Prepare Return Throw    | Which observation links lateral movement to starting depth, and what remains uncertain? | Readiness / date        | Open / checked |
| Begin Starting Depth    | What alternative explanation could account for both return throw and head and hands?    | First result / date     | Open / checked |
| Confirm Ready Position  | What next check on ready position would make the record about take quality more useful? | Foundation check / date | Open / checked |

### Completion Standard

- Keep the work tied to wicketkeeping, not to a vague general intention.
- Apply this adjustment: use one repeatable drill at comfortable intensity
- Is the foundation small, clear and evidenced enough to continue?
- Expose this outcome risk if it appears: several actions start together.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-16-07-01 pairs error review notebook with the outcome 'Build a Reliable Baseline'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Progress Review x Foundation Focused Practice Lab

This lab pairs a progress review method with a foundation outcome lens. Work through the six actions to turn the subject focus - combine safe stance, clean gathering and footwork for differing lines and lengths - into evidence for build a reliable baseline. Preserve any gap that prevents a supported conclusion.

| # | Action                            | Constraint                                                                                                                             | Record                    |
|---|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 1 | Log / Survey ready position       | Which evidence separates head and hands from lateral movement in this case? Survey the present state before setting a target.          | Entry / Starting view     |
| 2 | Classify / Select head and hands  | How does take quality change the interpretation of return throw? Select the smallest useful starting point.                            | Class / First priority    |
| 3 | Diagnose / Bound lateral movement | What boundary on starting depth must be checked before relying on ready position? Bound the work by time, scope and available support. | Cause / Boundary          |
| 4 | Adjust / Prepare take quality     | Which observation links lateral movement to starting depth, and what remains uncertain? Prepare the materials, conditions and owner.   | Adjustment / Readiness    |
| 5 | Retry / Begin return throw        | What alternative explanation could account for both return throw and head and hands? Begin with one observable action.                 | Retest / First result     |
| 6 | Update / Confirm starting depth   | What next check on ready position would make the record about take quality more useful? Confirm what is ready for the next cycle.      | Target / Foundation check |

### Common Failure Modes

- For ready position, watch for the entries are not comparable together with the starting state is assumed.
- For head and hands, watch for the result was misclassified together with the first target is too large.
- For lateral movement, watch for the symptom is mistaken for the cause together with the scope has no boundary.
- For take quality, watch for several adjustments were combined together with required support is missing.
- For return throw, watch for the retry conditions changed together with several actions start together.

### Independent Review Question

Format question: Which repeated pattern deserves the next controlled adjustment? Outcome question: Is the foundation small, clear and evidenced enough to continue? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Build a Reliable Baseline

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs progress review with foundation to pursue this objective: understand the current skill before changing technique. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                             |
|--------------------------|---------------------------------------------------|
| Purpose                  | Build a Reliable Baseline                         |
| Starting condition       | _____                                             |
| Chosen working area      | _____                                             |
| Readiness                | use one repeatable drill at comfortable intensity |
| Evidence to capture      | _____                                             |
| Stop or review condition | _____                                             |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                        | Evidence                  |
|-----------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 0-5 min   | Which evidence separates head and hands from lateral movement in this case? Log a comparable attempt or observation.          | Entry / Starting view     |
| 5-10 min  | How does take quality change the interpretation of return throw? Classify the result without blame.                           | Class / First priority    |
| 10-18 min | What boundary on starting depth must be checked before relying on ready position? Identify the earliest useful cause.         | Cause / Boundary          |
| 18-24 min | Which observation links lateral movement to starting depth, and what remains uncertain? Choose one controlled adjustment.     | Adjustment / Readiness    |
| 24-27 min | What alternative explanation could account for both return throw and head and hands? Retry under stated conditions.           | Retest / First result     |
| 27-30 min | What next check on ready position would make the record about take quality more useful? Update the next target from evidence. | Target / Foundation check |

### Progress Entry Log

| Progress Entry | Condition      | Observation | Decision              |
|----------------|----------------|-------------|-----------------------|
| 1              | Same / changed | _____       | Keep / change / check |
| 2              | Same / changed | _____       | Keep / change / check |
| 3              | Same / changed | _____       | Keep / change / check |
| 4              | Same / changed | _____       | Keep / change / check |
| 5              | Same / changed | _____       | Keep / change / check |

## Progress and Error Pattern Review - Foundation Lens

This comparison tests wicketkeeping against build a reliable baseline through two independent questions. Format: Which repeated pattern deserves the next controlled adjustment? Outcome: Is the foundation small, clear and evidenced enough to continue? Record material setting differences instead of averaging them away.

| Evidence area    | Baseline | Alternative | Interpretation prompt                                                                   |
|------------------|----------|-------------|-----------------------------------------------------------------------------------------|
| Ready Position   | _____    | _____       | Which evidence separates head and hands from lateral movement in this case?             |
| Head And Hands   | _____    | _____       | How does take quality change the interpretation of return throw?                        |
| Lateral Movement | _____    | _____       | What boundary on starting depth must be checked before relying on ready position?       |
| Take Quality     | _____    | _____       | Which observation links lateral movement to starting depth, and what remains uncertain? |
| Return Throw     | _____    | _____       | What alternative explanation could account for both return throw and head and hands?    |
| Starting Depth   | _____    | _____       | What next check on ready position would make the record about take quality more useful? |

### Format Decision Test

| Field                          | Record                                                           |
|--------------------------------|------------------------------------------------------------------|
| Review question                | Which repeated pattern deserves the next controlled adjustment?  |
| Outcome question               | Is the foundation small, clear and evidenced enough to continue? |
| Acceptance lens                | record several comparable attempts and a clear starting measure  |
| Conditions held steady         | _____                                                            |
| Evidence supporting the choice | _____                                                            |
| Evidence against the choice    | _____                                                            |

### Progress Review Confidence Check

- Starting view: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates results classified?
- Outcome evidence: which record best demonstrates first actions completed?
- Challenge: could the first target is too large explain the result?
- Subject boundary: what does this comparison leave unresolved about head and hands?

## Progress Review x Foundation Scenario Cards

Use these paired scenarios to rehearse judgement for build a reliable baseline. Each card joins a progress review failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                                | Review question                                                                         | Decision         |
|---|----------------------------------------------------------|-----------------------------------------------------------------------------------------|------------------|
| 1 | Head And Hands: the result was misclassified.            | Which evidence separates head and hands from lateral movement in this case?             | Starting view    |
| 2 | Lateral Movement: the symptom is mistaken for the cause. | How does take quality change the interpretation of return throw?                        | First priority   |
| 3 | Take Quality: several adjustments were combined.         | What boundary on starting depth must be checked before relying on ready position?       | Boundary         |
| 4 | Return Throw: the retry conditions changed.              | Which observation links lateral movement to starting depth, and what remains uncertain? | Readiness        |
| 5 | Starting Depth: the target ignores the evidence.         | What alternative explanation could account for both return throw and head and hands?    | First result     |
| 6 | Ready Position: the entries are not comparable.          | What next check on ready position would make the record about take quality more useful? | Foundation check |

## Decision Record

| Field                  | Notes                                                            |
|------------------------|------------------------------------------------------------------|
| Chosen format scenario | _____                                                            |
| Outcome lens           | Is the foundation small, clear and evidenced enough to continue? |
| Evidence available     | _____                                                            |
| Evidence missing       | _____                                                            |
| Controlled next step   | _____                                                            |
| Person / review date   | _____                                                            |

## Eight Progress Review and Foundation Evidence Tracker

Track build a reliable baseline across eight practice blocks using the progress review method and the foundation outcome lens. Keep conditions visible and use this review question: Is the foundation small, clear and evidenced enough to continue?

| # | Focus            | Condition | Result | Next action |
|---|------------------|-----------|--------|-------------|
| 1 | Head And Hands   | _____     | _____  | _____       |
| 2 | Lateral Movement | _____     | _____  | _____       |
| 3 | Take Quality     | _____     | _____  | _____       |
| 4 | Return Throw     | _____     | _____  | _____       |
| 5 | Starting Depth   | _____     | _____  | _____       |
| 6 | Ready Position   | _____     | _____  | _____       |
| 7 | Head And Hands   | _____     | _____  | _____       |
| 8 | Lateral Movement | _____     | _____  | _____       |

### Progress Review Evidence Dashboard

| Measure                                                           | Baseline | Current | Evidence location |
|-------------------------------------------------------------------|----------|---------|-------------------|
| Starting Depth: Entries Completed / Starting Conditions Recorded  | _____    | _____   | _____             |
| Ready Position: Results Classified / First Priority Selected      | _____    | _____   | _____             |
| Head And Hands: Causes Tested / Scope Boundaries Stated           | _____    | _____   | _____             |
| Lateral Movement: Single Changes Made / Readiness Items Confirmed | _____    | _____   | _____             |
| Take Quality: Retries Compared / First Actions Completed          | _____    | _____   | _____             |
| Return Throw: Targets Updated / Next Cycles Approved              | _____    | _____   | _____             |

### Interpret the Trend

- I recorded a real starting point rather than an idealised one.
- I chose a first step that can be checked before the work expands.
- Keep the method only when the evidence for build a reliable baseline improves without hiding the first target is too large.
- How does take quality change the interpretation of return throw?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Progress Review x Foundation Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this error review notebook, the intended result was build a reliable baseline; the outcome test is: Is the foundation small, clear and evidenced enough to continue? The close-out standard remains: record several comparable attempts and a clear starting measure.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates head and hands from lateral movement in this case?
- Subject check: How does take quality change the interpretation of return throw?
- Format check: I changed one likely cause rather than several symptoms.
- Outcome check: I recorded a real starting point rather than an idealised one.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

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